

Catalog 2020-2021



Helping individual leaders and small teams get the results they need.

- ➔ Get people to do what you need them to do
- ➔ Hit project targets (time, money, results/quality, team)
- ➔ Stop the overwhelm of too many priorities
- ➔ Grow your confidence

Want to learn more? Reach out today for a free consultation to see if we can help. If we can't, we'll tell you.

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Leader Coaching



"I feel overwhelmed."

"My team is not engaged."

"I'm not getting the results I want."

"We're stuck and it's difficult to see how to make progress."

"I'm not sure what kind of leader I want to be. Or how to become that."

"I need to know what the team is working on but I don't want to micro-manage them."

"Our meetings are such a waste of time."

"That person is incredibly hard to work with."

"I just need a good sounding board."

"I'm not sure I'm getting my point across the way I need to."

We help with that.

We know you're already successful. But everyone gets stuck sometimes, or has a new set of challenges to navigate. We can help you take your blinders off to see what's getting in the way of being the kind of leader you want to be. You will be able to see the solutions more clearly and be ready to implement them with confidence.



The Model

How We Work with Teams

Micro-learning &
Individual coaching
Necessary for
Dynamic
Strategic
Effective
Teams

**The
MINDSET
Shift**



How It Works...

Before We Begin...

1-1 coaching session for each member of the group with one of our credentialed Executive Coaches to *establish concrete goals* related to leadership effectiveness

Weekly Group Workshop Sessions...

Weekly, facilitated one-hour group micro-learning sessions. The weekly topics are customized for your team based on the goals of the group members and topics of greatest impact for the team. These highly interactive sessions are rooted in best practices and practical application techniques to enable group members to see immediate results.

At the End...

A second 1-1 session with your coach to evaluate progress on the established goals, and set new goals to work towards after the course has ended.

This process has proven to be highly effective at creating lasting results for teams around the globe.

The length of the course is determined by how much course material you'd like to cover. For longer courses, additional 1-1 coaching sessions are available for participants.



Think, Speak & Act Like a Leader



THINK like a Leader

How do you think about leadership? What's your own style? How does your mindset help you? How does it hurt you? How do you think about your role as a team leader? What about your role as part of a management team?

SPEAK like a Leader

How do you balance micro-management against giving enough feedback? How do you engage with your team members and peer managers? How do you express empathy while still holding someone accountable?

ACT like a Leader

Who controls your calendar? How do you make sure you're available and still get everything done? How do you interact with your peer managers and upper level management?

Explore these aspects of successful leadership in weekly micro-learning sessions with your team. Engage in discussions through our interactive model.

Learn highly effective, proven techniques which you can put into practice immediately.

Improve your results with consistent feedback, coaching, and accountability in each session.



The Leading Edge

Innovative Approaches to Management



Take your team's performance to the next level through becoming a Coaching Leader. Learn to apply the stages of Project Planning. Use Project Coordination techniques to increase agility and improve results. Explore ways to put it all together, evaluate your experiences, and apply lessons learned.

Using your team's actual experience, we will create Case Studies to use in the group sessions. Your team will be able to apply what they are learning to their specific situations as part of the course, and receive coaching feedback to support their success.

Explore these aspects of successful leadership in weekly micro-learning sessions with your team. Engage in discussions through our interactive model.

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Taking Blinders Off



Why do people do what they do, the way they do it?

Ever wonder why it's just easier to communicate with some people than others? Do you want to understand what makes the members of your team tick? Each member of your team, as well as your team as a group, has preferred ways of communicating, making decisions, accepting new ideas (or not), and processing information. With just two questions, we can help you unlock the secrets to how your group is hard-wired to succeed.

Explore these aspects of successful leadership in weekly micro-learning sessions with your team. Engage in discussions through our interactive model.

Learn highly effective, proven techniques which you can put into practice immediately.

Improve your results with consistent feedback, coaching, and accountability in each session.



Present Your Best



**Do your presentations always hit the mark?
Are you as clear & concise as you can be?
Do you dread making presentations?**

Present Your Best™ is designed to help **both the presenter and the presentation** become more effective, concise, and confident. Whether you present online or in-person, these proven techniques will help you hit the mark.

**Learn + Practice + Coaching
= Building New Skills**

Explore components of successful presenting in weekly micro-learning sessions. Engage in discussions through our interactive model.

Practice highly effective, proven techniques which you can implement immediately.

Improve your results with consistent feedback, coaching, and accountability in each session.



Lead like a Woman



“I’m not a man-hater. I’m just tired of being treated differently than my male colleagues, and then being accused of imagining it.”

Do you want a place where you can share your experiences and get support from other women facing similar challenges? This is more than a chance to vent to a sympathetic audience. It’s a space set aside for women only, where we can support, encourage, challenge and inspire one another. We’ll address a range of topics, from self-talk to building confidence to how to stop apologizing. The goals are problem-solving, sharing best practices, and leaving stronger.

Explore these aspects of successful leadership in weekly micro-learning sessions with other women. Engage in discussions through our interactive model.

Learn highly effective, proven techniques which you can put into practice immediately.

Improve your results with consistent feedback, coaching, and accountability in each session.

